

Jan. 2019

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AV Intergroup of AA 43619 N. 17<sup>th</sup> Street West, Suite 106 Lancaster, CA 93534 661-945-5757 17<sup>th</sup> Street West / Avenue K

Central Office Web Site: www.avcentraloffice.org Central Office Email: avcentraloffice@gmail.com

Email Scoop submissions: Stephanie S. email: <u>Sides.stephanie79@gmail.com</u> Please, 500 words or less

# The Scoop

#### **Intergroup Elections**

Nominations for the Intergroup Board are to be made at the January and the February Intergroup Meetings. Elections are held at Central Office one week prior to the March Intergroup Meeting, and announced later that evening at the March meeting.

Positions up for election are Chair, Co-Chair, Secretary, Treasurer, and two (2)
Members at Large.

Duties are posted at Central Office. Qualifications are as follows:

#### Chair

- \*\* Four (4) years continuous sobriety.
- \*\* Experience as a Board member at A.A. group or of an AA service group.

#### Co-Chair

- \*\* Four (4) years continuous sobriety.
- \*\* Commitment to assuming Chairperson position after current tenure, if nominated.

#### Secretary

- \*\* One (1) year continuous sobriety.
- \*\* Ability to take accurate notes and transcribe them to typewritten form.

#### **Treasurer**

- \*\* Three (3) years continuous sobriety.
- \*\* Basic comprehension of accounting principles and acceptable standards.

\*\* May not be related to nor cohabitate with the Office Manager.

#### **Members At Large**

- \*\* Fifteen (15) years uninterrupted sobriety.
- \*\* Desire to help oversee Central Office.
- \*\* Willingness to participate in monthly Intergroup meetings.

#### **Step One**

"We admitted we were powerless over alcohol – that our lives had become unmanageable."

Who cares to admit complete defeat? Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness. It is truly awful to admit that, glass in hand, we have warped our minds into such an obsession for destructive drinking that only an act of Providence can remove it from us.

#### **Tradition One**

"Our common welfare should come first; personal recovery depends upon A.A. unity."

The unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, "What a great thing A.A. might have been!"

### Daily Reflections excerpt on the 1st Step

#### The Victory of Surrender

We perceive that only through utter defeat are we able to take our first steps toward liberation and strength. Our admissions of personal powerlessness finally turn out to be firm bedrock upon which happy and purposeful lives may be built. 12 & 12, p. 21

When alcohol influenced every facet of my life, when bottles became the symbol of all my self-indulgence and permissiveness, when I came to realize that, by myself, I could do nothing to overcome the power of alcohol, I realized I had no recourse except surrender. In surrender I found victory victory over my selfish selfindulgence, victory over my stubborn resistance to life as it was given to me. When I stopped fighting anybody or anything, I started on the path to sobriety, serenity and peace.

## Winner of the Central Office Birthday Raffle

November Winner: Jennifer A.

Drop in to Central Office during your birthday month

and get your ticket for your free Birthday Raffle.

Show your gratitude, contribute \$1 to Central Office on your sobriety birthday for each year sober.

# Quotable Quotes

Collected by Dano B. (14 "quotes" this month, 12 plus 2 extra for the January newcomer.)

I never gave A.A. a try. I gave it a trial. *David F.* 

My sponsor says "No." is a complete sentence.

I didn't want to fall out so I had to STEP in.

I wish there was a way to know you are in the good old days before you've already left them.

Anything that can change my sobriety date is not an outside issue. *Steve L.* 

Did you ever stop to think that human Aid could be from God.

#### Word Game

FAITH, GUILT, IDENTIFICATION, INVENTORY, LOVE, OBSESSION, PEACE, PRIDE, PRIVACY, REVENGE, ANGER, SANITY, SERVICE, PREJUDICE, SLIPS, TROUBLE, WILL, WORRY, ENVY EXCUSES

$\mathbf{V}$	S	E	C	I	D	U	J	E	R	P	$\mathbf{V}$	R	N
N	E	Y	S	Y	I	R	В	E	E	E	S	$\mathbf{V}$	0
H	T	I	A	F	R	N	L	L	G	S	P	R	I
P	E	A	C	E	0	В	$\mathbf{V}$	N	G	$\mathbf{E}$	I	E	S
$\mathbf{W}$	P	N	T	$\mathbf{V}$	U	S	E	E	L	I	L	G	S
O	R	0	I	0	V	V	E	G	N	L	S	N	E
R	I	L	R	E	E	Y	J	R	U	T	I	A	S
R	V	T	0	R	N	V	R	U	V	I	O	$\mathbf{W}$	B
R Y	V A	T E	О Н	R V	N S	V N	R B	U N	V P	I I	O L		
			_					_				R	
Y	A	E	Н	V	S	N	В	N	P	Ι	L	R	O
Y S	A C	E R	H E	V Y	S E	N E	B V	N C	P G	I I	L C	R T	O Y
Y S X	A C Y	E R C	H E S	V Y A	S E N	N E I	B V T	N C Y	P G X	I I Y	L C J	R T E	O Y I

"Bartender!! Give me a shot of incomprehensible demoralization and make it a double."

Time does not buy me another day.

My secrets were so secret that they were secret to me.

God interrupts me when I get thirsty because I ask Him to.

If you stay sober, you'll get to get old. *Cheryl N.* 

There is no spot where God is Not. *Dr. Seuss* 

My attitude will determine my altitude.

Do something for somebody, but don't get caught.

#### **Business Meetings**

**A.V. Intergroup**: 1<sup>st</sup> Thursday of each month at 7pm at Central Office, 43619 17<sup>th</sup> Street West, Suite 106, Lancaster

#### **District 7 (General Service):**

2<sup>nd</sup> Saturday of each month at 9am at the Agua Duce Women's Club, 33201 Agua Dulce Canyon Road, Agua Dulce (link located on AV web site)

**H&I:** 2<sup>nd</sup> Sunday of each month at 10am at the Alano Club 104 E. Ave K-4, Suite J, Lancaster (Orientation at 9:30am for newcomers.) (link located on AV web site)

#### **Coming Events**

#### **Local Events**

International Women's Conference

2/7/19 – 2/10/19
Westin Bonaventure
404 S. Figueroa St., Los
Angeles, CA 90071
Cost \$41.50
http://Internationalwomensconfer
ence, org

# For additional and up to date information, go to: www.avcentraloffice.org

#### Concept I

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

#### Misc. From "As Bill Sees It"

#### I Am Responsible

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Declaration of 30<sup>th</sup> Anniversary International Convention 1965

### Group & World-Wide Community

The moment this Twelfth Step work forms a group, a discovery is made – that most individuals cannot recover unless there is a group. Realization dawns on each member that he is but a small part of a great whole; that no personal sacrifice is too great for preservation of the Fellowship. He learns that the clamor of desires and ambitions within him must be silenced whenever these could damage the group. It becomes

plain that the group must survive or the individual will not.

12 & 12, p. 130

#### Not Allied with Any Sect..."

"While A. A. has restored thousands of poor Christians to their churches, and has made believers out of atheists and agnostics, it has also made good A.A.'s out of those belonging to the Buddhist, Islamic, and Jewish faiths. For example, we question very much whether our Buddhist members in Japan would ever have joined this Society had A. A. officially stamped itself a strictly Christian movement.

"You can easily convince yourself of this by imagining that A. A. started among the Buddhists and that they then told you you couldn't join them unless you became a Buddhist, too. If you were a Christian alcoholic under these circumstances, you might well turn your face to all and die."

Letter by Bill W. 1954

#### Comradeship in Peril

Our first woman alcoholic had been a patient of Dr. Harry Tiebout's, and he had handed her a prepublication manuscript copy of the Big Book. The first reading made her rebellious, but the second convinced her. Presently she came to a meeting held in our living room, and from there she returned to the sanitarium carrying this classic message to a fellow patient: "We aren't alone any more."

A.A. Comes of Age, p. 18

Remember what a drink used to cost? A suggestion: put that amount into the 7<sup>th</sup> Tradition basket at least once a week.

						port		
	Jan - Nov '18	Dec '18	YTD Total		21	119		
ales of Goods	\$46,077.37	\$4,294.67	\$50,372.04					)
xpenses	(\$40,609.62)	(\$3,052.08)	(\$43,661.70)					
ost of Goods	(\$34,030.84)	(\$4,354.89)	(\$38,385.73)			╗╫╟╌╢╢		
ontributions	\$22,886.59	\$3,301.90	\$26,188.49	ا کا				0
Ontributions	\$22,000.39	\$3,301.90	320,188.49	Section.				100
let Income	(\$5,676.50)	\$189.60	(\$5,486.90)					
Cont	ributions	S		Belinda T. Rich M.	1/9/2016 3 1/9/2016 3		1/29/2002 1/1/2001	17 18
Group	Jan - Nov '18	Dec '18	2018 Total	Lynn Z.	1/6/2014 5		1/19/2001	18
Gathering of Women	\$50.00	\$45.00	\$95.00	Katie D.	1/19/2014 5		1/21/2000	19
M Mod	\$4,518.48	\$433.00	\$4,951.48	Valerie D.	1/30/2014 5		1/18/2000	19
nonymous	\$1,406.41	\$65.00	\$1,471.41	Chaz	1/7/2013 6		1/21/1999	20
ny Lengths Group rbor Court	\$0.00 \$120.00		\$0.00 \$120.00	Jenni J. Kelli D.	1/6/2013 6 1/24/2013 6		1/10/1999 1/15/1999	20
V Hospital - Rm #CR7	\$120.00	\$25.00	\$125.00	Tina R.	1/12/2013 6		1/3/1998	21
V Men's Stag	\$1,299.54	\$317.00	\$1,616.54	Deborah A.	1/14/2012 7	Shalaby B.	1/6/1998	21
V Round-Up	\$673.78		\$673.78	Doug H.	1/10/2012 7	Dun I .	1/7/1997	22
VYPBYOC irthday	\$122.50 \$381.00		\$122.50 \$381.00	Jennifer C. Josie	1/13/2012 7 1/4/2012 7	Daneen D. Harvey S.	1/4/1997 1/21/1997	22 22
ame to Believe	\$381.00 \$10.07		\$381.00 \$10.07	Nicole S.	1/21/2012 7	Tony V.	1/21/1997	22
lubhouse Meeting	\$57.00		\$57.00	Patty T.	1/17/2012 7		1/13/1995	24
rown Valley Grp	\$757.00	\$69.80	\$826.80	Ray E.	1/21/2012 7	Dawn Marie	1/14/1995	24
are to be Different	\$17.46		\$17.46	Terrance C.	1/1/2012 7	U (111 1 1 1	1/13/1995	24
riday Noon - Alano athering of Women	\$10.25		\$10.25 \$50.00	Dave K.	1/29/2011 8		1/18/1995	24 24
& I	\$50.00 \$0.00		\$0.00	Jennifer M. Jessica Z.	1/28/2011 8 1/31/2011 8		1/2/1995 1/7/1994	25
ligh Desert BB Grp	\$1,729.23		\$1,729.23	Kim G.	1/12/2011 8		1/20/1994	25
ligh Desert Hospital	\$0.00		\$0.00	Michelle S.	1/15/2011 8		1/12/1993	26
ntergroup Fundraisers	\$1,031.00		\$1,031.00	Morena	1/1/2011 8		1/15/1992	27
nto Action	\$216.00	\$50.00	\$266.00	Ross W.	1/31/2011 8		1/2/1992	27
ake Hughes Men's Stag ake Hughes Monday Night	\$180.00 \$183.54		\$180.00 \$183.54	Steve T. Tanya S.	1/31/2011 8 1/10/2011 8		1/23/1992 1/1/1992	27 27
ittle Red Book	\$0.00	***************************************	\$0.00	Bob D.	1/1/2010 9		1/15/1992	27
Iid-Day Mod	\$1,750.34	\$403.18	\$2,153.52	Kevin K.	1/12/2010 9		1/27/1991	28
lew Beginnings	\$28.00		\$28.00	Kristin E.	1/10/2010 9		1/21/1991	28
pen Door	\$283.12	\$16.88	\$300.00	Nico O.	1/15/2010 9		1/4/1991	28
almdale Grp earblossom Grp	\$1,020.56 \$1,203.01	\$1,121.49 \$126.70	\$2,142.05 \$1,329.71	Robert V. Henry	1/7/2010 9 1/18/2009 10		1/8/1990 1/1/1990	29 29
M Mod	\$628.39	\$120.7U	\$628.39	Terry M.	1/29/2009 10	, 111tan C.	1/24/1989	30
uartz Hill Unity Grp	\$960.90	\$398.50	\$1,359.40	Jenni J.	1/5/2008 1		1/10/1989	30
ainbow Grp	\$8.49		\$8.49	Jim B.	1/2/2008 1		1/22/1988	31
osamond Sun Night	\$98.39		\$98.39	Lisa Marie W.	1/2/2008 1	TITALE IO.	1/20/1988	31
ule 62 Grp at AM Men's Stag	\$260.00 \$19.76		\$260.00 \$19.76	Nancy T. Turhan D.	1/21/2008 1 1/3/2008 1		1/30/1988 1/29/1988	31 31
at Spkr Mth - Alano	\$20.26		\$20.26	John O.	1/22/2007 12		1/17/1987	32
obriety Rocks - Alano	\$22.27		\$22.27	Rennie T.	1/20/2007 12		1/2/1987	32
piritual Sunday - Alano	\$30.00		\$30.00	Robert W.	1/29/2007 12	2 Margaret R.	1/4/1986	33
un Night BBS	\$115.00	\$104.16	\$219.16	Rose L.	1/3/2007 12		1/29/1986	33
he Promises - Alano hurs Night BBS @ Alano	\$12.61		\$12.61	Sorayeh J.	1/8/2007 12	2 Rick B.	1/13/1985	34
uesday Topic Mtg - Alano	\$0.00 \$15.82		\$0.00 \$15.82	Susie B. Jill M.	1/2/2007 12 1/16/2006 13		1/23/1985 1/5/1984	34 35
Ve Care Grp	\$0.00		\$0.00	Jim A.	1/4/2006 13		1/7/1984	35
Ved Night BBS @ Grange	\$346.56	\$41.00	\$387.56	Sandi P.	1/1/2006 13	Tom C.	1/10/1984	35
Vestside Grp	\$0.00		\$0.00	Eddie G.	1/18/2005 14		1/31/1983	36
Vomen in Progress	\$0.00	\$0 AA	\$0.00	Jack F.	1/15/2005 14		1/18/1981	38
Vomen in Recovery Vomen Seeking Serenity	\$47.56 \$612.90	\$8.00 \$77.19	\$55.56 \$690.09	Monique J. Ruth M.	1/3/2005 14 1/2/2005 14		1/29/1980 1/19/1980	39 39
January Dolonly	\$U14.8U	Ψ11.10	<b>\$350.00</b>	Tony F.	1/23/2005 14		1/15/1980	39
				Michelle P.	1/15/2003 10	5 Sybil	1/19/1968	51
				Jackie O.	1/17/2002 1	7		
					our groups b	•		
				Office	That's l	now they ap	pear here	!
TOTALS	\$20,397.20	\$3,301.90	\$23,699.10		Total Years	= 1,990		
		Mana	<u>gers Cori</u>	ner				

Thank You Saturday Vo	lunteers!!					Don't forget to visit us on th Web!
1st ~ Larry W. & Melissa V.						
2nd ~ Wendy W. & Michaela O.		Thank you f	Seedby Aina			
3rd ~ Stephanie S. & Leila N.		mank you j	or anowing i			i: <i>9</i> 7220
4th ~ Debbie L. & Danni-Lynn C.				Jeffrey	Harlow	<b>国家处数</b>
5th ~ Christine F. & Vacant						